

2017 ANNUAL REPORT



COMMUNITY
HEALTH
Care

MEDICAL • DENTAL • PHARMACY

COMMUNITY HEALTH *Care*

As we start 2018, we would like to reflect with you on the many successes of Community Health Care in 2017. This is our 49th year of providing care to Pierce County and currently 1 in 18 Pierce County residents use us as their healthcare home.

In 2017 the 3rd Floor of our Hilltop Regional Health Center was completed and a dental clinic and pharmacy were added to our Spanaway location. Since opening in June of 2017 the Spanaway Dental Clinic served 1,351 patients through 3,442 patient visits and the pharmacy filled 2,361 prescriptions. The third floor of the Hilltop Clinic served 2,088 patients through 36,179 patient visits

Realizing a long time dream of our organization; in the 2016-2017 school year our School Based Oral-Health program expanded operations. In partnership with the Tacoma-Pierce County Health Department we are now serving more than 60 different elementary schools, ECEAP preschools, and middle schools to ensure our student's oral health is at their best. In the 2016-2017 school year, our program provided 1,238 oral health screenings to identify decay. We applied 572 sealants for 222 children, greatly reducing the risk of decay. The children identified with urgent needs, were referred to our clinics for follow-up care.

We have been fortunate to serve 45,298 patients through 166,222 visits in 2017. This is an increase of 2% in patients and a 2% increase in patient visits over 2016. It is also a 55% increase in patients and a 50% increase in patient visits since 2013.

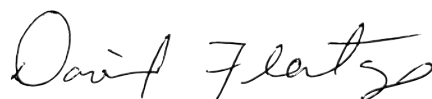
As we complete a year of great accomplishment, we look forward to 2018 and beyond. In 2018 we anticipate two new projects on behalf of those infected with HIV and those at risk for HIV. The goal of both of these projects are to better reach an international goal called "90-90-90" which means 90% of those living with HIV are aware of their diagnosis, 90% are taking sustained antiretroviral medication and 90% are undetectable which means they can reach their optimal health and they can't transmit to others.

In 2018 we will expand Saturday hours to include our Spanaway dental clinic and strive to serve more patients through our medical, pharmacy, and behavioral health services. Already this year a new Pharmacy Residency is beginning and will soon start training new Pharmacists.

We at Community Health Care hope that you will continue to support our effort to provide the highest quality care to our community.



Gary Walmer
Board Chair



David Flentge
President and CEO

THANK YOU TO OUR WONDERFUL VOLUNTEERS!

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Gary Walmer
Eugene Wiegman

Note: These lists include individuals who served for all or part of 2017.

**Deceased*

Total Operating Revenues By Source Fiscal Year 6/1/16 - 5/31/17

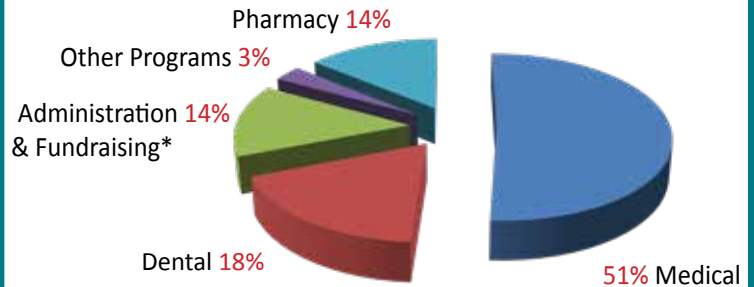
Non Government Grants,
Donations & Misc. 2% Government Grants 15%



Patient Fees 83%

Government Grants	\$ 7,304,724
Patient Fees	\$39,510,319
Non-Government Grants, Donations and Misc.	\$ 1,195,710
Total Operating Activities	\$48,010,753

Total Operating Expenses By Program Fiscal Year 6/1/16 - 5/31/17



Medical	\$25,862,308
Dental	\$ 9,236,087
Pharmacy	\$ 7,287,705
Other Programs	\$ 1,474,899
Administration & Fundraising*	\$ 7,104,220
Total	\$50,965,219

*Fundraising expenses are 0.3% of the total budget.

Fiscal information shown is from Community Health Care's latest fiscal year audit ending May 31, 2017.

Did You Know?

In 2017, Community Health
Care's provided services to 1,660
individuals who were homeless and
472 veterans.

PROGRAMS & SERVICES

MATERNITY SUPPORT SERVICES

In this specialized program, expectant mothers have a nurse, social worker and nutritionist available at any time. The goal of the program is to provide education and access to community resources to help the new mother and child have a healthy start to their life together.

RYAN WHITE PROGRAM

This is a Federal program to help prevent the spread of HIV/AIDS and to provide medical care and other resources to those living with the disease.

INSURANCE ENROLLMENT ASSISTANCE

In Person Assistants help families navigate the process to enroll in insurance programs.

OUTREACH WORKERS

Outreach Workers help patients access referral services they can afford when needed care is beyond the scope of Community Health Care. They also connect patients with community resource services and provide interpreter services.

WOMEN'S HEALTH & MATERNITY

- Obstetrics & Gynecologists
- Prenatal Care
- Deliveries performed at a local hospital
- Specialized maternity program with home visits, referral services and pregnancy and infant care education

CARE FOR CHILDREN

- Pediatricians and family practice physicians to care for children.
- Care for asthma, ADHD and other childhood ailments.

FAMILY MEDICAL CARE

Family medicine for children, adults and seniors

- Preventative care
- Physicals and immunizations
- Referral assistance to specialty care
- Assistance connecting to community resources

BEHAVIORAL HEALTH

Our Behavioral Health Consultants offer assistance to patients when habits, behaviors, stress, worry, or emotional concerns interfere with your daily life. They also offer substance abuse support and referrals to specialty services.

FAMILY DENTAL CARE

All dentists have completed Access to Baby and Child Dentistry (ABCD) training and are certified to care for very young children, expectant mothers as well as all adults.

- Family dentistry
- Preventative and restorative services
- Early screening and sealants for children
- Nitrous sedation available
- Emergency dental care
- Ryan White HIV programs

PHARMACY

- Medications are provided on a sliding-fee scale so that everyone can afford the medications they need.
- Anticoagulation Clinic
- Tobacco Cessation Services



**In 2017 the
physicians of
Community
Health Care
delivered
528 babies**

Hilltop Regional Health Center

Family Medicine,
Urgent Care, Dental Care
Obstetrics, Pharmacy,
Women's Health,
Pediatrics, Gynecology
1202 Martin Luther King Jr. Way
Tacoma, WA 98405

(253) 441-4742 Medical
(253) 441-4779 Pharmacy
(253) 441-4743 Dental

Kimi & George Tanbara, MD Health Center

Family Medicine, Obstetrics,
Family Dental Care
Pharmacy, Women's Health,
Pediatrics, Gynecology
1708 East 44th Street
Tacoma, WA 98404

(253) 471-4553 Medical
(253) 597-4163 Women's Health
(253) 284-2226 Pharmacy
(253) 572-7002 Dental

Lakewood Family Clinic

Family Medicine, Obstetrics,
Pharmacy, Women's Health,
Pediatrics, Gynecology,
Family Dental Care
10510 Gravelly Lake Dr. SW
Lakewood, WA 98499

(253) 589-7030 Medical
(253) 589-7190 Pharmacy
(253) 589-7188 Dental

Spanaway Family Clinic

Family Medicine, Maternity Care,
Pharmacy, Family Dental Clinic

134 188th Street South
Spanaway, WA 98387
(253) 847-2304 Medical
(253) 847-8752 Pharmacy
(253) 210-5270 Dental

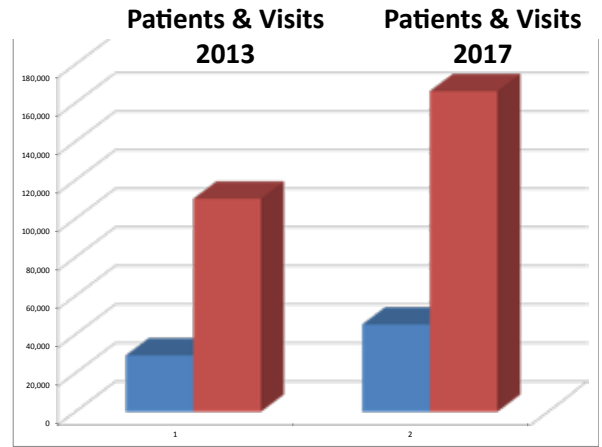
Parkland Family Clinic

Family Medicine, Maternity, Pharmacy

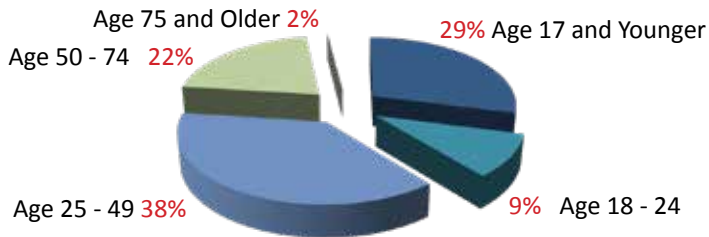
11225 Pacific Ave.
Tacoma, WA 98444
(253) 536-2020 Medical
(253) 536-6257 Pharmacy

DEMOGRAPHICS

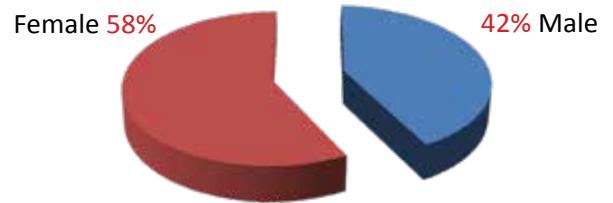
In 2017 a total of 45,298 patients were served through 166,222 patient visits. This is an increase of 2% in patients and a 2% increase in patient visits over 2016. It is also a 55% increase in patients and a 50% increase in patient visits since 2013.



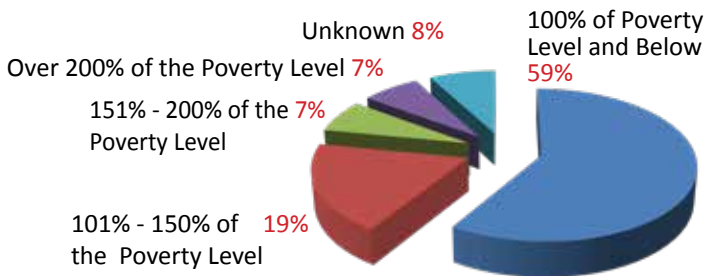
PATIENTS BY AGE



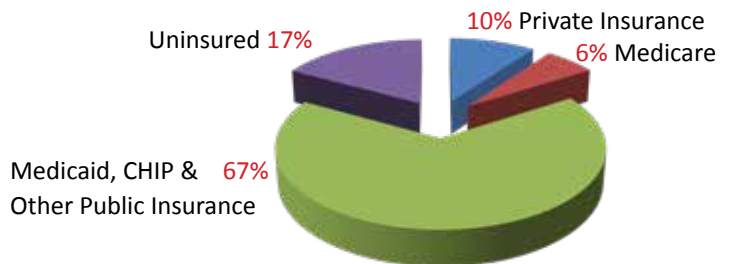
PATIENTS BY GENDER



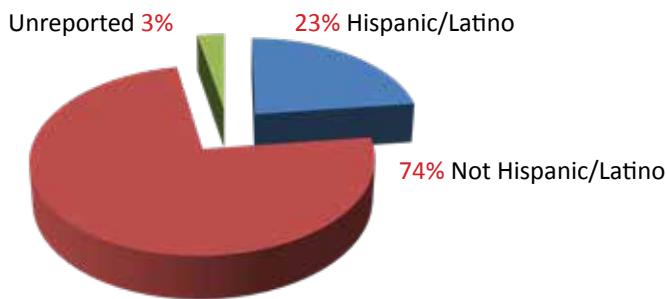
PATIENTS BY INCOME



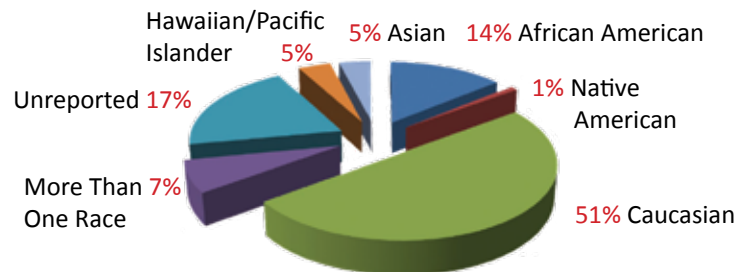
PATIENTS BY INSURANCE



PATIENTS BY ETHNICITY



PATIENTS BY RACE



Did you know?
In 2017, Community Health Care served 6,519 patients in a language other than English.

RESIDENCY PROGRAMS

Family Medicine Residency

This program features a three year residency where residents develop the experience needed to work in a Community health setting. Our second class of six residents will graduate from the program in June of 2018.



Claire Harvey, MD
Hilltop Medical Clinic



Anne LaPorte, DO
Hilltop Medical Clinic



Katherine Milam, DO
Hilltop Medical Clinic



Kale Quackenbush, DO
Hilltop Medical Clinic



Sheree Sharpe, MD
Hilltop Medical Clinic



Caroline Barrett, MD
Hilltop Medical Clinic



Buu Bui, DO
Hilltop Medical Clinic



Sarah Garey, DO
Hilltop Medical Clinic



Olga Lutsyk, DO
Hilltop Medical Clinic



Diana Ponsford, DO
Hilltop Medical Clinic



McKenzie Vorhies, DO
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Hilltop Medical Clinic



Nate Gorham, DO
Hilltop Medical Clinic



Tuyen Nhan, DO
Hilltop Medical Clinic



Bryan Rhodes, DO
Hilltop Medical Clinic



Selena Sideras, DO
Hilltop Medical Clinic



Christine Wang, DO
Hilltop Medical Clinic

Nurse Practitioner Residency

The Nurse Practitioner Residency is a one year program designed to give recent ARNP graduates added clinical experience. The time spent working in our Hilltop clinic, helps our ARNP residents develop experience working in a community health setting.



Laura Lind, ARNP
Hilltop Medical Clinic



Alison Ryan, ARNP
Hilltop Medical Clinic

Dental Residency

In partnership with NYU Lutheran Medical Services, Community Health Care provides a one year dental residency program. This program gives our residents needed clinical experience and additional dental training.



Levi Reynolds, DMD
Hilltop Dental Clinic



Gene Wang, DMD
Hilltop Dental Clinic

Dr. Martin Luther King Jr. said; “Of all the forms of inequality, injustice in health care is the most shocking and inhumane.” The Affordable Care Act went a long way in rectifying this. Since the start of the Affordable Care Act, and the expansion of Medicaid three years ago, the number of uninsured in Washington State has fallen dramatically from 14.%5 in 2012 to 5.8% in 2016. There are now 600,000 newly insured individuals in Washington State.

Expanding Medicaid is saving Washington taxpayers \$1.1 billion. Federally Qualified Health Centers, such as Community Health Care, in Washington State are now providing care to 58% more Medicaid patients. These centers need 203 full-time providers to be fully staffed to meet patient need. When this happens, 45,000 unserved medical patients and 18,000 unserved dental patients will be able to access care.

Currently only one in five Medicaid patients have access to dental care. This is one reason why our residency programs are so important. Patients served at community health centers often have complex medical and dental histories that can be intimidating for new providers. Also, exposing residents to the joy of working in community health encourages them to serve this population. Studies have shown that many of the residents will stay in Pierce County and in community health. This benefits all of us as our neighbors, family members and friends are able to access care and improve the quality of their lives.



Dr. Gary Reichard
Assistant Residency Director



Dr. Carri Jo Timmer
Family Medicine Residency Director



Dr. Jeff Smith
Chief Medical Officer



Dr. Jeff Reynolds
Dental Residency Director



Judy Estroff
ARNP Residency Director

Dr. George Tanbara
Celebration of Life Donors

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Jake Fey
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Mitch & Mary Ann Woodruff
Alan & Janis Yamada
Robert & Michie Yamashita
Alan & Denise Zullig

In August CHC was privileged to assist the Tanbara family in hosting a community memorial for George Tanbara, MD. The individuals listed above made a financial contribution specifically for the "Celebration of Life" or to Community Health Care in general because of their desire to support the organization Dr. Tanbara founded.



DR. GEORGE TANBARA

1922 - 2017

Put The Patients First!

In 1969, a group of community leaders came together to address the lack of medical care for low income residents of Pierce County. This need was caused by closure of Puget Sound Hospital with provided care to those without insurance. The community leaders included: George Tanbara, MD, Jim Walton, Dr. Eugene Wiegman, Lyle Quasim, Tom Hilyard and Mel Jackson, who organized volunteer physicians, pharmacists, nurses, medical assistants, and Explorer Scouts from the Medical Troop at Tacoma General.

This led to the opening of two clinics, one on Tacoma's eastside at Lister Elementary School, and the other on the Hilltop in the basement of the nurse's convent at St. Joseph's Hospital. George enlisted his children, Greg, Diane and Susan to perform the vision and audio screens at Lister. The clinics were open two nights a week and provided services to anyone needing medical services, both children and adults alike.

Throughout its 49 years, George never stopped his involvement with Community Health Care. He nurtured and helped it grow to a clinic system with five medical and four dental clinics and more than 400 employees. He always championed the needs of those we serve. He taught us to always put the patients first. His commitment and dedication has led to hundreds of thousands of individuals receiving care regardless of the insurance they hold or the money in their pockets. This has made an immeasurable impact on the health of Pierce County and its citizens.

It is impossible to put into words how much the patients, staff and Board will miss Dr. Tanbara. We will never forget him and will always strive to "Put the patients first!"

NOW OPEN!

SPANAWAY DENTAL CLINIC & PHARMACY



The Spanaway Dental Clinic and Pharmacy opened in June of 2017. In 2017 the Dental Clinic served 1,351 patients through 3,442 patient visits and the Spanaway Pharmacy filled 12,662 prescriptions.

HILLTOP REGIONAL HEALTH CENTER THIRD FLOOR EXPANSION CAMPAIGN SUPPORTERS

KEYSTONE: \$100,000 - \$399,999

The Norcliffe Foundation

CORNERSTONE: \$25,000 - \$49,999

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SUSTAINER: \$100 - \$249

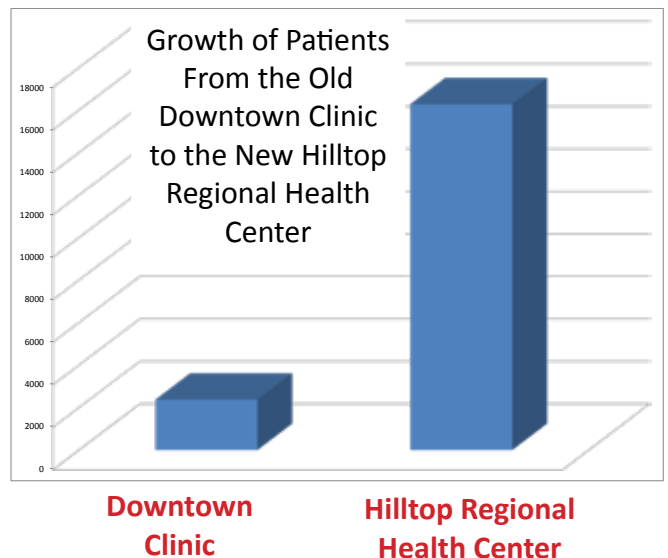
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Robert Griffin-Stallworth
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Neil Mullen & Yolanda Duralde
Sumner & Jan Schoenike
Jose Veliz

FRIENDS: \$1 - \$99

Dick & Sara Bowe
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Darrell & Ria Covington
Chad & Star McMillan
Doug & Cathy Swanberg

Thank you to our generous donors of the Hilltop Regional Health Center Third Floor Expansion Campaign. With their support, we were able to complete our third floor expansion. The additional space has the capacity to serve 5,000 more patients each year. It provides additional exam rooms, space for five more primary care providers and for our Ryan White HIV/AIDS program.

In 2017, 2,088 patients were served through 6,179 patients visits. The space officially opened in January of 2017.



THANK YOU FOR SUPPORTING THE PATIENT CARE FUND IN 2017

FOUNDERS: \$5,000 +

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Foundation
Paul & Linda Ried
Rotary Club of Tacoma #8
Scott E. Silver Family
Foundation

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Willie & Faye Stewart
Tacoma Rescue Mission
Sumiho & Yasuko Wada
Jeffrey & Linda Watts
William & Natalie Whitcomb

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Timothy Boyle
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Dave & Ann Brown
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Julie & Al Klingbeil
Dan Krebs & Sandra Spadoni
Tony & Heather Krebsbach
Matt Lane
Joe LeRoy
James & Mary Lobdell
Erin Longley
Bob & Janet Lordahl
Bev Losey
James Luzzi
Terry Manley

Tim Mansfield
Kathy Martin
Dale & Anne Martin
Charles & Joyce Mayovsky
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Marilee McGuire
Lisa & Michael McKay
Jerry McLaughlin
Tim McLaughlin
Russell McLeary
Chad & Star McMillan
Chris McPhail
Mark & Mariana Mears
Jim Merritt
Elaina & Christopher Mills
Kim Moore
Brendan Nelson
Phyllis Nelson
Mike Palais & Ms. Sandra Evans
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Sara Patteson
Debbie Paulson
Anthony Paulson
Jack & Mary Peterson
Helen Pilkey
Leslie Pim
Aaron & Leona Pointer
Mark Rake-Marona
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Allen & Marilyn Ratcliffe
Chuck & Linda Remsberg
Tim Rhee
Jorge Rivera
Glenn & Eileen Rollins
Jeff Rounce
Evelyn & William Ryberg
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Stephanie Schramm
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Ken Sharp
Mike & Katie Shields
Pamm Silver
Roger Simms
Dan & Patricia Sloan
Mary & James Smith
Jim Smith & Mary Barr
Deirdre Soileau
Carol Starr
Mark Stephan
Christine Stevens
Dan Stoehr
Dorothy Swanberg
Steve & Brenda Swanson
Greg & Barbara Tanbara
Merilee Tanbara
Diane & Harold Taniguchi
Dean & Barb Tankersley
Jay Thomas
Carri Jo & Caleb Timmer
Carole Tingstad
Jackie & Bruce Vignal
Nancy Vignec
Heidi & Neil Wachter
Ellen Walkowiak
Gary & Elsie Walmer
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Lila Widemann
Melody & Chuck Williams
Kathleen Willis
Doug & Sara Wilson
John & Dede Winters
LaTasha Wortham
Debra & Roger Young
Continued on next page

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Dawn Zabala
Marie Zerda

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Tricia Anderson
Mian & Patricia Anwar
Gregory & Karen Arnette
Annette & John Arriola
Mary Atkinson
Jazarae Augustin
Brenda Bachelor
Jessie & Drea Baines
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***Our Mission:
To provide the
highest quality
health care with
compassionate
and accessible
service for all.***

Community Health Care Patient Stories

Community Health Care provides primary medical, dental and pharmacy services to those with or without insurance.

Those without insurance are treated on a sliding fee scale based on income and family size.

No one is denied care due to inability to pay.



Thank you so much for my son's smile. Before you fixed his teeth he never smiled and always hid his teeth behind his hand. Now that his teeth are fixed he smiles all the time. His self-confidence has improved so much that he has not only found a job but also a girlfriend. Both of us have never been happier.



My previous doctor told me that at my statistical age I didn't really need any more mammograms, but my Community Health Care provider said maybe we should just check "for the record". It was discovered that I had two types of cancer. She recommended a specialist. I had a double mastectomy and received a referral for chemotherapy. I am thankful that I was more than a statistical category because I now have a lot more years with my husband, children and grandchildren.

When I learned I was pregnant I was devastated. My husband had not found work and we were getting behind on the lease payments for our apartment. The Outreach staff helped me enrolled in an insurance program. For the first time ever I had insurance! They connected my husband with another organization that provided employment assistance and he got a job. Last, the medical staff delivered my healthy baby boy.

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